Be a Partner in Your Care

# **We Work as a Team To Make Sure You Get the Best Care**

Your health care team includes you, doctors, nurses, other clinical staff, and hospital staff. If you like, the team can also include your family or friends.

At [insert hospital name], our staff will—

* Give you timely and complete information about your care
* Ask about and listen to your concerns
* Explain things in a way that you can understand
* Encourage your involvement in making decisions about your care and support your choices
* Involve family and friends in ways that you wish

# **We’re in This Together**

Please ask questions, share what you know, and let your health care team know about your needs and concerns. Remember, you are a key member of your health care team.

# **Talk to Us**

If anything about your care has been less than perfect, we want you to speak up.

You can talk to any member of your health care team at any time.

Hospital staff are usually available at specific times:

* Labor and delivery doctors and nurses will visit your room once or twice a day [insert time range if able]. This is a good time to ask your questions. The time the doctor visits may vary from day to day. If you or your family needs to talk to a doctor at any time, please let your nurse know.
* Nurse shift changes occur when nurses who are going off duty share information about you with nurses who are coming on duty. Your nurses will change shifts between [7 and 7:30 a.m.] and [7 and 7:30 p.m.]. At [insert hospital name] this happens right by your bedside so you can be involved. If you like, you can invite family or friends to be there for shift changes.
* When plans are being made for your care after your hospital stay, we will include you, your family, and your caregivers. We want to
* make sure you know how to take care of yourself when you leave the hospital.
* If you have questions during your stay, you can [write them down on the notebook next to your bed or on the white board in your room].