

Reducing Risks by Engineering Resilience into HIT for EDs

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Abstract

Purpose: To develop guidance for care delivery organizations for safely and resiliently operating and maintaining their safety-critical HIT systems.

Scope:

Methods: Review of technical standards and documents related to safety-critical computing in other domains, reducing and distilling them to a simple, web-based format, and eliciting feedback and potential modifications from users based on their experience. Interviews with key organizational personal in the management of care delivery organizations; in HIT management; and in IT management in non-healthcare, safety-critical industries (*eg*, commercial aviation). Essentially, qualitative methods were used in review and summarization; thematic saturation was used to limit data collection.

Results: In total, 45 documents were identified for initial review: 11 general standards documents, 11 US government civilian guidance or standards documents, four military standards, and 19 scientific books or papers relevant to safety critical computing. These were supplemented as additional materials came to light over the course of the project. The data were summarized into seven modules (IT safety management systems, risk assessment, change management, anomaly response, usability issues, legal and contracting issues, and adequacy of feedback. These modules (and associated introduction, bibliography, and glossary) were instantiated in a wiki, at <http://www.complex-work.org/hit>. The site has shown steady growth since it was first opened to the public, with roughly 120 unique visitors from 10 countries; each visitor views an average of five pages, for about 3 minutes each.

Key Words: health information technology; patient safety; safety-critical computing

1. Purpose

Though the safety and quality benefits of introducing information technology into healthcare seem readily apparent [1-7], the difficulties associate with health information technology (HIT) are also daunting [8-14], and HIT-related risks are just beginning to become apparent [15-19]. System maintenance has lead to missing [20] or false laboratory information [21] and incorrect guidance in decision support [22]; computerized provider order entry, the ‘Holy Grail’ of safety efforts, has led to new forms of failure [15,16,23,24]. To date, these risks have largely been related to problems with the human-computer interface [15,23] or to unintended interaction with existing work practices [16]. The idea that the technology itself might be inherently unsafe – that it might lead to adverse outcomes due to internal faults or unexpected interactions with users or external devices, *even when the system is operating as intended by its designers and in the absence of human factors or work practices problems* – has barely been recognized in these discussions. This problem leads to the two, broad, long-term objectives for this project:

1. To mitigate the hazards identified in the previously conducted proactive risk assessment (PRA) with respect to HIT-related hazards in the emergency department (ED) setting.
2. To improve the resilience of HIT by enhancing the ability of HIT systems, and the larger sociotechnical systems in which they are embedded, to survive and return to normal operations despite challenges, expected or unexpected, with a minimum of adverse effects on patients.

We approached these objectives by developing a toolkit to enable care delivery organizations to identify and rank the safety criticality of their information systems and components on a continuing basis, to assess their ability to manage maintenance (upgrades, patches) and anomalies (faults or error reports), and to identify potential usability issues.

2. Scope

Background and Context. Because the safety of HIT has seldom been studied, we used guidance documents from other safety-critical computing endeavors in other industries as sources for the guidance to be developed. We chose to use a resilience approach in the project. That is, rather than focusing on striving for systems that can never fail, we focused instead on enhancing the ability of organizations to rapidly recover from inevitable failures and to minimize their adverse consequences.

In addition, we focused most of our attention on the maintenance and operations phases of the system life cycle [25-28], for two reasons. First, a good deal of guidance is

available for the acquisition and implementation phases of HIT systems; second, these are the longest-lasting phases, and the majority of failures occur in them [25].

The original proposal envisioned alpha- and beta-testing of the guidance developed at the participating sites, but this plan was seriously challenged by the somewhat chaotic organizational changes in the information technology strategy at Shands and UF, intended to take advantage of ARRA and the HITECH Act funding opportunities. As previously reported, this seriously impacted these efforts in several ways: a loss of local IT leadership; competition for IT professionals time, effort, and interest; and paradoxically, by a marginalization of IT safety interests, because they were interpreted as opposition to the new IT strategic plan.

As a result, we shifted to a more diffused mode of evaluation, by realizing the guidance being developed in a wiki form (<http://www.complex-work.org/hit>), to allow for continuing development and modification via 'crowd-sourcing' as experience is gained and captured feedback assessments via personal reports from key organization members as well as a web-based survey tool (based on the Technology Acceptance Model) attached to the wiki.

Settings and Participants. The primary site for the project was the University of Florida's second largest hospital, Shands Jacksonville, in Jacksonville, FL. Shands is a large, 450-bed, urban teaching hospital serving primarily an inner city, indigent population. The second site was Strong Memorial Hospital in Rochester, NY; Strong is a large academic medical center that is the primary teaching hospital for the University of Rochester. The two centers had markedly different IT systems at the beginning of the project but have converged remarkably as a result of the changes occasioned by the HITECH Act.

Interview subjects included two IT managers, two IT technical experts charged with system safety and integrity, one CIO, two clinical department managers, one CMO, and one COO. The research team included clinicians, IT professionals, and safety engineers.

3 Methods

Data sources. Because little study has been made of the safety of HIT, we sought to summarize, compile, and translate to relevant language, standards, and guidance for safe computing from other safety critical industries, such as aviation, the military, nuclear power, *etc.* We supplemented these data with guidance from scientific papers and books relevant to safety-critical computing. During the project, we repeatedly scanned the horizon for new materials potentially relevant to the work. We supplemented this archival review material with interviews of key personnel from

three stakeholder groups: clinical managers; high-level hospital managers; and IT technical and management leaders.

Development methods. Because of the disparate nature of the source materials, qualitative methods were used to summarize, compile, and translate for a clinical audience the various document and standards that had been identified. Each document was reviewed and summarized by two or more members of the research team and jointly in discussions at team meetings and Skype sessions.

A specific decision was made to use an informal rather than an academic style in producing the guidance, as it seemed that this would be more accessible to the target audience. Finally, the guidance was instantiated as a wiki and loaded onto a website. The wiki modality gives several advantages. First, it greatly enabled cooperation and joint editing and development within the project team, because edits in place could be readily viewed by the entire group without having the overhead of scheduling required by synchronous work. Second, the format is familiar to users in terms of both navigation and modification. Finally, and more importantly, it supports continuing development and extension of the guidance based on the experience of users who choose to contribute by adding to or modifying its pages. Though this 'crowd-sourcing' process brings some potential risks (and a requirement for supervision), in principle will be self-correcting and ultimately will allow the guidance to be a compendium of users' experiences, and thus become a living, continuing resource.

Evaluation. As it became progressively clear that none of the project organizations would be in a position to fully implement the guidance, we obtained targeted feedback from key personnel within the organization and at one external organization to help shape the development of the guidance. This led to considerable revision in shortening and simplifying the materials selected for final inclusion.

In order to supplement the direct feedback obtained from participants, the Technology Acceptance Model instruments previously developed in paper form were translated to a web-based survey format and attached to each of the seven modules to capture users' assessments going forward in time.

5. Results

Forty-five documents were identified for initial review: 11 general standards documents, 11 US government civilian guidance or standards documents, four military standards, and 19 scientific books or papers relevant to safety critical computing. These were supplemented as additional materials came to light over the course of the project; in the end, 81 documents were reviewed.

The data were summarized into seven modules (IT safety management systems, risk assessment, change management, anomaly response, usability issues, legal and contracting issues, and adequacy of feedback). These modules (and associated introduction, bibliography, and glossary) were instantiated in a wiki, entitled *Managing HIT Safely and Resiliently*, available at:

<http://www.complex-work.org/hit>

The site has shown steady growth since it was first opened to the public, with roughly 120 unique visitors from 10 countries; each visitor views an average of five pages, for about 3 minutes each.

Because the wiki site suffered initially from some nonmalicious vandalism, its security was tightened to allow only registered users to make changes. (Registration requires only a name and a valid email address, but at this writing we have only 10 registered users). In addition, the team is notified anytime a page is modified and the wiki software records all change so that they can be rolled back by an administrator if necessary. We believe that this issue is sufficiently controlled, so we can begin to publicize the wiki to attract broader participation in its growth and development.

Feedback from users has been mixed. Although the consensus of both IT and management personnel when queried directly has been favorable in terms of both usefulness and usability, and although the guidance has been modified based on their suggestions, there has been considerable concern expressed that their organizations would not be willing to commit the time and effort required to fully implement these procedures. In addition, feedback from users suggested that many potential users would have difficulty in responding to some of the self-assessment items initially, as they would raise issues that had not been previously considered. From a safety point of view, that would be considered a good thing, but, in order to reduce frustration and increase acceptance, we modified the introductory section to point out that such an eventuality was actually a form of progress and encouraged future feedback and modification of the wiki-based guidance with users' additional experiences. Taken as a whole, these results suggest that care delivery organizations need assistance in attending to the deeper safety issue raised by HIT and perhaps even need either some sort of regulatory floor (beyond HIPAA) or at least a much broader awareness of the risks of current HIT.

6. List of Publications and Products

The following publications, presentations, and other products have resulted in whole or in part from this project.

Journal Articles.

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- Wears RL, Webb LK. Fundamental on situational surprise: a case study with implications for resilience. *Proceedings of the 4th International Conference on Resilience Engineering*: p 270 -276. Sophia Antipolis, France;6 - 8 June 2011.
- Wears RL. Can we make health IT safe enough for patients? *Proceedings of the International Ergonomics Association*: p in press. Recife, Brazil;12 - 16 February 2012.
- Wears RL. I'm from the EHR and I'm here to help you. *Proceedings of the Human Factors and Ergonomics Society Medical Symposium* Baltimore, MD;12 - 13 March 2012.

Reports

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Electronic Resources

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Book Sections

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