**Sustainability Checklist for Hospitals**

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| **Activity** | **Frequency** |
| **Comprehensive Unit-based Safety Program (CUSP)** |
| □ | Educate all new team members on the Science of Safety | Rolling |
| □ | Reeducate all team members on the Science of Safety | Every year |
| □ | Continue to identify defects | At least every 6 months |
| □ | Continue to use the Learning From Defects Tool | At least once every 3 months |
| □ | Continue to have monthly CUSP team meetings and involve your senior executive | Every month |
| □ | Complete the Sustainability Scorecard | Every 6 months |
| **Daily Care Processes** |
| • | Continue to ensure that every eligible patient’s head of the bed is at least 30 degrees from the horizontal position | Daily\* |
| • | Continue to conduct a sedation assessment for patients receiving mechanical ventilation | Daily\* |
| • | Continue to conduct a delirium assessment for patients receiving mechanical ventilation | Daily\* |
| • | Continue to ensure that eligible patients are receiving a spontaneous awakening trial (SAT) | Daily\* |
| • | Continue to ensure that eligible patients are receiving a spontaneous breathing trial (SBT) | Daily\* |
| **Daily Early Mobility** |
| • | Continue to conduct a sedation assessment for patients receiving mechanical ventilation | Daily\* |
| • | Continue to conduct a delirium assessment for patients receiving mechanical ventilation | Daily\* |
| • | Continue to ensure that patients are undergoing the highest level of mobility possible | Daily\* |
| **Low Tidal Volume Ventilation** |
| • | Continue to use recommended tidal volume | Daily\* |
| • | Continue to use recommended plateau pressure | Daily\* |
| • | Continue to use positive end-expiratory pressure (PEEP) ≥ 5 cm/H2O | Daily\* |
| • | Continue to evaluate whether every patient has a risk factor for acute respiratory distress syndrome (ARDS) or has ARDS | Daily\* |
| \*These are daily evidence based best practices that we encourage you to use to ensure that mechanically ventilated patients are receiving the best care possible. |

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