

TeamSTEPPS Video Debrief Guide: SBAR on Inpatient Medical Unit

Video Objective

To demonstrate each step of SBAR and emphasize the importance of standard communication and use of the tool.

TeamSTEPPS Tool or Concept

SBAR.

Brief Video Description

The video outlines the acronym (Situation-Background-Assessment-Recommendations) and shows an example of standard handoff communication.

Discussion Questions

1. How do sending and receiving messages using the SBAR tool affect patient care?
2. How might the overall day be affected by sending and receiving messages using SBAR?

Discussion Answers

1. The SBAR tool decreases delays in patient care by organizing messages in an easy-to-follow format.
2. The simplicity of the SBAR tool can affect the caregiver's day by removing confusion, adding clarity, and saving time.

Lessons Learned

1. We all have received a disorganized message at least once, sent with good intentions. Sorting through the details, establishing context, and drawing accurate conclusions for an appropriate response can be challenging. The simplicity of the SBAR tool removes confusion and ambiguity. SBAR adds clarity to important messages by assisting the sender in articulating the pertinent information to be shared and the needed response.
2. Each step of SBAR is important in helping providers understand the patient's situation.

